

GUARDIAN CAFÉ MENU

October 26 –October 29

HIGHLIGHTS:

Chef’s Table Every
Monday, Tuesday & Thursday
available in the café

(visit the café to order)

Restaurant Associates is proud to
serve you freshly prepared meals
that are sure to meet and exceed
your expectations.



V – vegetarian | vg – vegan

If you have a food allergy, please let us know.

Please be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, tree nut, and sesame products, and any other potential allergens in the food production areas of our facility. This facility handles and serves all allergens, and ingredient cross-contact may occur.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
GLOBAL KITCHEN			
Pan Seared Salmon Rice Pilaf, Roasted Vegetables CHEF'S Fall TABLE Grilled Ribeye Steak Roasted Sweet Potatoes Steamed Vegetables	Pan Seared Salmon Rice Pilaf, Roasted Vegetables CHEF'S Fall TABLE Grilled Ribeye Steak Roasted Sweet Potatoes Steamed Vegetables	<u>Italian Hero</u> Meatball Hero Sandwich Grilled Chicken Hero Italian Hero Vegetable Hero Macaroni, Potato, Coleslaw -Nourish Well- Grilled Chicken Caesar Salad <i>*kosher meals available upon request*</i>	Pan Seared Salmon Rice Pilaf, Roasted Vegetables CHEF'S Fall TABLE Grilled Ribeye Steak Roasted Sweet Potatoes Steamed Vegetables
CHALKBOARD GRILL			
GRILL		SIDES:	
Black Bean Chipotle Burger		Steak Fries	
Grilled Chicken, Quesadilla, Sour cream, Salsa		Onion Rings	
Chicken Fingers Combo: Fried Chicken & Fries		House Made Chips	
GRILL SPECIAL: Maitake Mushroom Sandwich		Small Tossed Salad	
NOURISHWELL			
Turkey Caesar Sandwich **Simply Seared- Indonesian Grilled Fish Salad** Grilled Vegetable Wrap		Chipotle Chicken Wrap: Jerk Chicken Wrap: Grilled Shrimp, Vegetable Tabouleh, Hummus	
SOUPS			
Corn Chowder	Corn Chowder		Corn Chowder